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Made fresh in  
Lakeland by  
Vegetation Plant  
Food

# BEET DROP

earthy and satisfying.  
featuring kale, quinoa,  
roasted beets, toasted  
walnuts, tofu feta, red  
onions & lemon tahini  
dressing

kale  
beet  
walnut  
quinoa  
red onion, 'your heart'  
follow your heart  
feta,  
pepper  
tahini  
lemon juice  
onion powder  
salt  
maple syrup  
garlic



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beet  
walnut  
quinoa  
red onion, 'your heart'  
follow your heart  
feta,  
pepper  
tahini  
lemon juice  
onion powder  
salt  
maple syrup  
garlic

\*contains sesame,  
soy, walnut,  
coconut



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