

📍VegetationPlantFood

Made fresh in  
Lakeland by

# Vegetation Plant Food

# FARMERS PIE

Lentils and vegetables topped  
with mashed potatoes ready to  
bake at home



vegan

potato  
coconut milk  
v. butter  
garlic powder  
nutritional yeast  
black pepper  
salt  
onion  
garlic  
mushroom  
tomato paste  
v. worcestershire sauce  
rosemary  
parsley  
flour  
pea  
carrot  
corn  
green bean  
v. beef boullion  
lentil  
thyme  
vegetable broth  
\*contains soy, wheat,  
coconut

## reheating instructions

Cover pie and bake at 400  
for 25m. Uncover and broil  
for 5m to brown top

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