

🌱 VegetationPlanttFood

Made fresh in
Lakeland by
**Vegetation Plant
Food**

HIPPIE BOWL

fresh, natural, and
wholesome, this bowl
features wheat berry,
roasted sweet potatoes,
lacinato kale, chickpeas,
hemp seeds, walnuts and
chopped dates with mildly
spiced tahini dressing



vegan

wheat berry
sweet potato
kale
chickpea
hemp seed
walnut
date
lime juice
tahini
maple syrup
spices
salt



no added
oil

***contains sesame,
nuts(walnut),
gluten**

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