

📷 VegetationPlantFood

Made fresh in
Lakealand by

Vegetation Plant Food

LENTIL LOAF DINNER

spiced lentil loaf with
mashed potatoes and seasoned
green beans



vegan



gluten
free

lentil
vegetable broth
flax seed
onion
carrot
celery
garlic
tomato paste
thyme
cumin
cayenne
oat
oat flour
worcestershire sauce
mushroom seasoning
potato
coconut milk
green bean
avocado oil
spices
salt

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