O VegetationPlantFood

Made fresh in Lakeland by

## Vegetation Plant Food

green beans mashed potatoes and seasoned spiced lentil loaf with

cumin cayenne spices salt garlic tomato green bean avocado oil oat potato coconut milk worcestershire sauce oat flour celery vegetable mushroom seasoning thyme carrot onion flax seed lentil paste broth gluten free vegan

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spices

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